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Leisure Island

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When it comes to hedonistic pleasures — clothing-optional beaches, mega-yachts — St. Bart's isn't exactly lacking. But until recently, the island had one curious deficiency: a scarcity of high-end spas. (Hôtel Guanahani's Clarins center was the only game in town.) Then last fall the **Isle de France** spa overhauled its treatments with the help of Natura Bissé, a company known for its anti-aging technology. **Le Sereno** added a Christian Liaigre-designed spa with an indoor-outdoor waterfront pavilion (above) and a menu heavy on products from the local brand Ligne St. Barth. And the **Hotel Christopher** just opened a spa with sea-facing treatment rooms and 15 different massages.

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